JOINT SEMINAR ANNOUNCEMENT

from the
Department of Epidemiology
and the
Cancer Epidemiology & Prevention Program
of the University of Pittsburgh Cancer Institute

Tuesday, October 20, 2015
12:00 - 1:00 pm

Scaife Hall (3550 Terrace Street), Lecture Room 5

“The Impact of Sedentary Behavior on Health”
a dual lecture on

“Emergence of Research on Sedentary Behavior”
&
“Potential Mechanisms and Real-World Implications”

David Dunstan, BAppSc (Hons), PhD
Associate Professor
Head, Physical Activity
Baker IDI Heart and Diabetes Institute
Melbourne, Victoria, Australia

Neville Owen, PhD
Head, Behavioural Epidemiology
Baker IDI Heart and Diabetes Institute
Melbourne, Victoria, Australia

Our work relates to the primary prevention of diabetes, heart disease and cancer, dealing with health consequences of physical inactivity and sedentary behaviour; the measurement and analysis of environmental, social and personal-level determinants of behavioral risk factors - (television viewing, sitting in automobiles, desk- and screen-bound work) and lack of physical activity; and, gathering and interpreting evidence from trials of broad-reach interventions. The aim is to better understand how variations in behaviour can influence health outcomes and to identify the factors that can influence behavioural change. The ultimate goal is to contribute unique insights relevant to public health policy, and particularly to identifying the environmental and social innovations to increase physical activity and reduce sitting time.

Hosted by: Drs. Andrea Kriska, Thomas Kensler & Jian-Min Yuan

LIGHT REFRESHMENTS PROVIDED

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