

# Lung Cancer Screening Saves Lives

## WHAT IS LUNG CANCER SCREENING?

Lung cancer screening looks for early lung cancers using low-dose CT (computed tomography). A lung CT scan takes 1-2 minutes and is done on an "open" style scanning machine. CT uses low-dose radiation.

## NEW LUNG CANCER SCREENING GUIDELINES

from the Centers for Medicare and Medicaid (CMS) **now recommend annual lung screening with CT scans** for people with a heavy history of smoking.

## IS SCREENING LUNG CT COVERED BY HEALTH INSURANCE?

Yes, for people who meet the screening criteria. People who join PLuSS XX receive lung screening at no cost.

## HOW DO I KNOW IF I QUALIFY FOR A SCREENING LUNG CT SCAN?

To qualify for an insurance covered screening lung CT you must be 55-77 years old and be a current or former smoker.

## How can I reduce my risk of lung cancer?

The single most important thing you can do is to stop smoking. If you've quit, don't start again.

## LUNG CANCER FACTS

Studies show

- Lung cancer screening can reduce lung cancer deaths by 20 percent.
- People who get lung CT scans are less likely to die from lung cancer.

If you qualify for an insurance covered screening lung CT scan & are willing to share the CT scan results with PLuSS researchers, please consider joining the PLuSS XX study (details on reverse side).

Research participation provides access to an expert team of physicians & lung health specialists with more than 15 years of experience in lung cancer screening, early detection, treatment & research.

## PLuSS XX

**412-623-3317**

**PittsburghPluss.wix.com/research**



University of Pittsburgh

# PLuSS XX Study

**PITTSBURGH LUNG SCREENING STUDY**

**412-623-3317**

**DO YOU QUALIFY** for a doctor-recommended **Screening Lung CT Scan** as part of your routine health care?

If so, you may be able to join the Pittsburgh Lung Screening Study (PLuSS XX) and **receive lung screening at no cost.**

### To join the study you must be:

- 55-77 years old
- A current smoker or former smoker who quit less than 15 years ago.
- Have smoked at least 1 pack a day for 30 years
- Willing to have a screening lung CT scan

### Research activities include:

- Annual 2 hour visits
- Pulmonary (Lung) Function Testing
- Research sample collection
- Short health questionnaire
- Access to clinical CT scan results
- Paid valet parking at UPMC Hillman

To find out if you qualify call

**PLuSS XX** at **412-623-3317**

or click **PittsburghPluss.wix.com/research**